

# SI Instruments—test equipment for Occupational Health and Safety

## Jamar® Plus+ Digital Hand Dynamometer

### Hand dynamometers

Routine screening and evaluation  
of grip strength measurement....

### Pinch gauge

Accurate and repeatable pinch  
strength readings....

### Manual muscle tester

Objective, reproducible & reliable  
muscle strength measurement....

### Inclinometer

Determine range of motion as  
referenced from the body's natural  
position....

### Spirometer

Incentive exerciser for respiratory  
problems....

### Dexterity tests

Test dexterity and coordination of  
finger tip dexterity & visual motor  
coordination....

### Measurement tape

Accurate and repeatable measure-  
ment....



**Ideal for routine screening of grip strength and initial and ongoing evaluation of clients with hand trauma and dysfunction. Sturdy aluminum body construction with scratch resistant UV coating. The readout displays isometric grip force from 0- 200 lbs. (90 kg.). The unit's easy-to-read LCD display can be set to display pounds or kilograms. The dynamometer also features digital load cell technology, Rapid Exchange Testing with audible signals, and automatically calculates the Average, Standard Deviation, and Coefficient of Variation. Two minute auto-off feature helps conserve battery power. Battery low life indicator. Requires two AAA batteries included. Comes in a sturdy carrying case.**

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